



# Activity Programme at Jecca's House



Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Tea &amp; Chat</i></p>  <p>Daily Drop-in 10:30 am - 4:30 pm</p>	<p><i>Tea &amp; Chat</i></p>  <p>Daily Drop-in 10:30 am - 4:30 pm</p>	<p><i>Tea &amp; Chat</i></p>  <p>Daily Drop-in 10:30 am - 4:30 pm</p>	<p><i>Tea &amp; Chat</i></p>  <p>Daily Drop-in 10:30 am - 4:30 pm</p>	<p><i>Tea &amp; Chat</i></p>  <p>Daily Drop-in 10:30 am - 4:30 pm</p>
<p>Counselling<sup>†</sup></p> <p>Art Group* 10:30 am - 12:30 pm</p>	<p>Counselling<sup>†</sup></p> <p>Men in Sheds 10:30 am - 12:30 pm</p> <p>Garden Group 10:30 am - 12:30 pm</p>	<p>Counselling<sup>†</sup></p> <p>Craft Group* 10:30 am - 12:30 pm</p>	<p>Counselling<sup>†</sup></p> <p>Men in Sheds 10:30 am - 12:30 pm</p>	<p>Counselling<sup>†</sup></p> <p>Garden Group 10:30 am - 2:30 pm</p> <p>Walking Group* 10:30 am - 11:30 am [Every 1st Friday]</p> <p>Book Club* 10:30 am - 12:30 pm [Every 2nd Friday]</p> <p>Carer's Lunch* 12:30 pm - 2:30 pm [Every 3rd Friday]</p> <p>Bereavement Support Group* 10:00 am - 12:00 pm [Every 4th Friday]</p>
<p>Cancer Survivors Group 2:30 am - 4:30 pm [Every 1st Monday]</p>	<p>Relaxation* 2:30 pm - 4:00 pm</p>	<p>Carer's Group 2:30 pm - 4:00 pm</p>	<p>Knit &amp; Natter* 2:30 pm - 4:00 pm</p>	

\*Please call us to book your place

Will writing & benefits advice by appointment

<sup>†</sup>By appointment

**Email:** [ali.robinson@campdenhomenursing.org](mailto:ali.robinson@campdenhomenursing.org)

**Tel:** 01386 840 505

**[www.campdenhomenursing.org](http://www.campdenhomenursing.org)**